

## Editorial

# Topics in Integrative Health Care

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Each issue of TIHC focuses on a particular theme. Although many of the articles are invited, we also welcome unsolicited manuscripts and “fast facts” collections. All submissions are peer-reviewed. The following themes are tentatively scheduled:

- Summer 2011: Approaches to Body-Mind Health and Healing
- Fall 2011: Integrative Care Settings
- Winter 2011: Integrative Approaches to Chronic Disease Prevention and Management

The March 2011 issue of Topics in Integrative Health Care represents the 3rd issue of this new, online journal dedicated to integrative care. In this issue you will see submissions from several different disciplines and on several topics that truly are integrative in nature.

Dr. Ronald Williams, a health educator and former college athlete, and his colleagues look at the role of health care practitioners in advocating prevention of injuries in sports. With more youth athletes than ever before competing, as well as the need for increasing physical activity in young people to fight the obesity epidemic, this manuscript has something for everyone who is a sports advocate and health care provider.

A qualitative case study on pain and co-morbid depression is presented by Ballew and her team, indicating how providers should assess patients and pay close attention to history and key words descriptive of this common phenomenon. Dr. Harrison Ndetan leads a review of health promotion papers published in the chiropractic literature including specifics of those that applied health behavior theory in an effort to change behaviors in the education setting. Drs. Ron Kirk and John Hyland describe the “Just Start Walking” program and how it was developed and refined using a unique Delphi process.

In describing a “Clinic Abroad” program at a chiropractic college, Boysen and colleagues explain a humanitarian-based mission to provide health care to underserved populations while assessing the effects on participants related to confidence in providing physical evaluation of patients and skills related to delivery of care.

Finally, in our “Grand Rounds” feature, Enix and colleagues present a case focusing on fall prevention using a multi-disciplinary discussion panel of experts. Common problems associated with these patients, tests and methods of assessment are discussed along with recommendations for care and prevention of falls in older patients.

We hope you will find something of interest in the journal and that you will share this with others and encourage them to use this new and valuable online resource.

**Associate Editor**

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